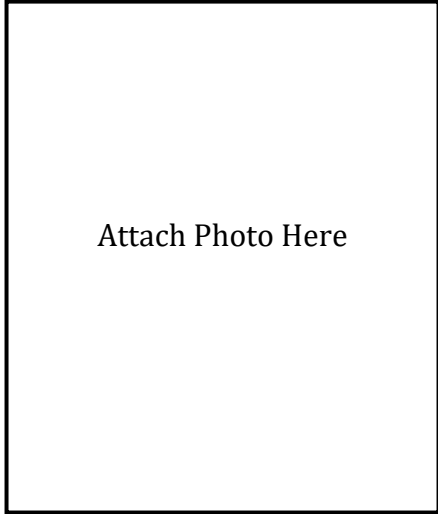




Allergic Reaction/Anaphylaxis Emergency Plan



Child's Name: _____

Allergy Description – This child has a potentially life-threatening allergy (anaphylaxis) to: (check all appropriate boxes)

- Peanut Tree Nuts Egg Milk
- Insect Stings Latex Other _____
- Medication _____

...and all substances containing them in any form or amount, including (but not limited to) the following items.

Avoidance: The key to preventing an allergy/anaphylactic emergency is **absolute avoidance** of the allergen. Children with food allergies should not share food or eat unmarked/bulk foods or products with a “may contain” warning.

General Precautions: _____

A child having a reaction might have ANY of these signs and symptoms:

- **Skin System:** hives, swelling (especially eyelids, lips face or tongue), itching, warmth, redness, rash
- **Respiratory System** (breathing): coughing, wheezing, shortness of breath, chest pain/tightness, throat tightness, hoarse voice, nasal congestion or hay fever-like symptoms (runny, itchy nose and watery eyes, sneezing), trouble swallowing.
- **Gastrointestinal System** (Stomach): nausea, pain/cramps, vomiting, diarrhea
- **Cardiovascular System** (heart): pale/blue colour, weak pulse, passing out, dizzy/lightheaded, shock
- **Other:** anxiety, feeling of “impending doom”, headache, uterine cramps, metallic taste

Emergency Measures

- Give epinephrine (EpiPen®) at the first sign of a known or suspected anaphylactic reaction – follow directions provided on medication.
- Call 9-1-1 and tell them a child is having a life-threatening allergic reaction.
- Have someone call the child’s parents and a school Administrator (Principal or Office Administrator)
- Unless child is resisting, lay child down, tilt head back and elevate legs. Cover and reassure the child.
- Record the time at which EpiPen® was administered.
- Give a second dose of epinephrine in 5 to 15 minutes **IF** the reaction continues or worsens and the ambulance has not arrived.
- Even if symptoms subside, children require medical attention because there may be a delayed reaction. Take the child to the hospital immediately in the ambulance. An Administrator/Teacher must accompany the child to the hospital even if a parent has arrived at the school.
- Provide ambulance and/or hospital with a copy of this form for the student and time at which the EpiPen® or other medication was administered.

I agree that Foothills Alliance Preschool & Kindergarten may post my child’s picture, take Emergency Measures and that this information can be shared, as necessary, with the staff of the school and health care providers.

Date

Parent/Guardian Signature